

## IMPORTANT INFORMATION BEFORE UNDERGOING AN X-RAY EXAMINATION

### 1. Valid Referral:

The patient must have a paper referral signed by a doctor or an e-referral that can be printed. According to § 3, section 2 of the regulation of the Minister of Health dated February 18, 2011, on the conditions for the safe use of ionizing radiation, an X-ray examination can only be performed based on a written referral, which forms part of the medical documentation. A valid referral is required to ensure that the X-ray examination is conducted legally and safely. After the examination, the original referral must remain at the clinic. A copy of the referral can be provided upon request.

### 2. A valid referral includes:

- **Patient details:**
  - Full name, date of birth, PESEL number (or passport number).
- **Doctor's details:**
  - Full name, specialization, medical license number, doctor's signature.
- **Detailed description of the examination:**
  - The type of X-ray to be performed (e.g., chest, spine, hip joint).
  - Information about any additional projections required (e.g., "AP + Lateral").
- **Clinical indication:**
  - Reason for the examination, e.g., symptoms, preliminary diagnosis, suspected condition.
- **Date of referral issuance:**
  - The date on which the referral was issued.
- **Information on prior examinations (if applicable):**
  - History of previous X-ray examinations, if needed for comparison of results.
- **Signature and seal of the medical facility (or private medical practice):**
  - Name and address of the medical facility where the referring doctor is employed.

### 3. Prices for Projections:

The prices for X-ray projections range from 110 PLN to 280 PLN. A doctor may order more than one projection, e.g., "AP + Lateral" = 2 projections, or a comparative projection. Each additional projection incurs additional charges. The X-ray price includes the image and its description.

### 4. Medical Consultation:

The cost of a consultation with a doctor ranges from 280 PLN to 380 PLN for reviewing the results. If a referral from outside the LIFE Medical Center contains incomplete or incorrect information, our doctors (if time permits) may provide a brief consultation to issue a proper referral. This consultation may incur an additional charge of up to 100 PLN, depending on the situation.

### 5. Waiting Time for Results:

The X-ray image will be recorded on a CD and handed to the patient on the day of the examination. The examination report will be available within 10 working days. For chest X-rays, the report will be ready within 48 hours.

### 6. Children Under 16 Years of Age:

Children under 16 years of age must be accompanied by a parent or legal guardian. The parent or legal guardian is required to present an identity document. In cases where the child is not accompanied by a parent or guardian, a written authorization from the parent is required to perform the X-ray examination.

### 7. Patient Preparation:

Depending on the type of examination, the patient may be asked to:

- Remove clothing from the part of the body to be examined.
- Remove jewelry and other metal objects that could interfere with the X-ray image.

### 8. Safety:

X-ray examinations are safe; however, pregnant women should inform the doctor about their condition before the examination to minimize any potential risks.

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**Before undergoing an X-ray examination, it is advisable to ensure that all required information and documents are complete to facilitate a smooth process.**

